



**VANGUARD
UNIVERSITY**



VANGUARD UNIVERSITY

Graduate Education Program

Offers 4 New Courses for Educators

CHULA VISTA – FALL 2018

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| 1. "WINNING STRATEGIES AND MOTIVATIONAL TECHNIQUES" | STARTS SEP 11 |
| 2. "WORKING WITH CHALLENGING STUDENTS: BULLIES AND VICTIMS" | STARTS OCT 9 |
| 3. "RELIEVING STRESS IN THE CLASSROOM" | STARTS NOV 5 |
| 4. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS" | STARTS DEC 3 |

WHERE: Chula Vista Masonic Center
732 3rd Ave.
Chula Vista, CA 91910

CREDIT: These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA. Vanguard University is accredited by the Western Association of Colleges.

WHO: These courses are designed for educators. With district approval, course credit may be used for pay increase and professional growth

TUITION: \$306 for 3 semester units of graduate extension credit. Manual enrollment fees may apply. See below for info.

COURSE INSTRUCTOR: FRED BECKER is a nationally known consultant and presenter whose work as an educational professional with children and adults spans the past 25 years. Fred has earned Outstanding Educator, Educator of the Year, and Drug Prevention Educator of the Year by San Diego communities. His humor and uncanny ability to empower the teacher is brought forth in his engaging presentation.

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| 1. "WINNING STRATEGIES AND MOTIVATIONAL TECHNIQUES" | STARTS SEP 11 |
| Course #EDUX 5610 A, B, C or D (A New Course) | |

WHEN: September 11, 13, 17, 18 & 20, 2018 (plus online and outside practicum)
4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: This course is designed to aid teachers in the process of developing effective strategies and proven techniques conducive to improving student self-esteem, classroom participation, and learning retention. Activities that extend children's knowledge beyond the basics and provide thoughtful approaches to content will be presented. Program suggestions will be explored that can be used with students at all learning levels. This is a hands-on class in which educators will construct effective projects, explore a wide range of methods to enrich the curriculum, and share their findings and perspectives with other educators. A study tour may also be incorporated in the class to broaden students' horizons and increase their ability to make connections across the curriculum.

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| 2. "WORKING WITH CHALLENGING STUDENTS: BULLIES AND VICTIMS" | STARTS OCT 9 |
| Course #EDUX 5450 A, B, C or D (A New Course) | |

WHEN: October 9, 11, 15, 16 & 17, 2018 (plus online and outside practicum)
4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: This course will offer participants the opportunity to collaborate with fellow teachers and administrators in order to better understand the negative impact of bullying behavior. During this course, participants will develop ways to work with bullies and victims, improve the self-image of both, and create ways to ensure that all students can learn in a safe and fear-free environment. As participants consider how bullying often obstructs the ability of students to progress both academically and socially, they will examine and collaborate on solutions to this serious issue in today's schools.

REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com, click on Face-To-Face tab.

For more information please visit website or call,
DENNIS GARRAHY : 760-710-7807 or email dennisgarrahy@gmail.com

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PLEASE SEE ADDITIONAL COURSES ON OTHER SIDE



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| 3. "RELIEVING STRESS IN THE CLASSROOM" | STARTS NOV 5 |
| Course #EDUX 5710 A, B, C or D (A New Course) | |

WHEN: November 5, 7, 8, 13 & 15, 2018 (plus online and outside practicum)

4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers' ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

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| 4. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS" | STARTS DEC 3 |
| Course #EDUX 5210 A, B, C or D (A New Course) | |

WHEN: December 3, 5, 6, 11 & 13, 2018 (plus online and outside practicum)

4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: This course will explore effective practices for working with children deemed to be at risk of educational failure. Participants will examine ways that they can work together with their schools to engage students and motivate them toward success. The use of creative and flexible scheduling to extend learning time, differentiating instruction, organizing heterogeneous student groupings and designing classrooms to accommodate different learning styles are some of the ways educators can effectively improve the learning environment for all students, including children considered at risk.

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